

I attended Kimberli Buckley's All About Adulting session during the YALSA symposium. Kimberli is with the Contra Costa County CA library and has been doing life skills programming for young adults for many years. I'm sharing many of her ideas as well as some of my own with you today.



As librarians we know, Google is a teen's (adults too for that mater) go to for finding information. I always told my students that Google is a verb, reminding them it is a search engine, not the source of information but a tool to help you find information. A program on ways to research and how to find accurate information would be a good place to start with an Adulting series. Of course, always promote the library's resources!



How many times a day do you hear someone use the term? Adulting has only recently become commonly used to refer to actions taken by a person who would be considered an adult.



30% of college students don't know how to boil an egg

52% of young adults can't change a tire

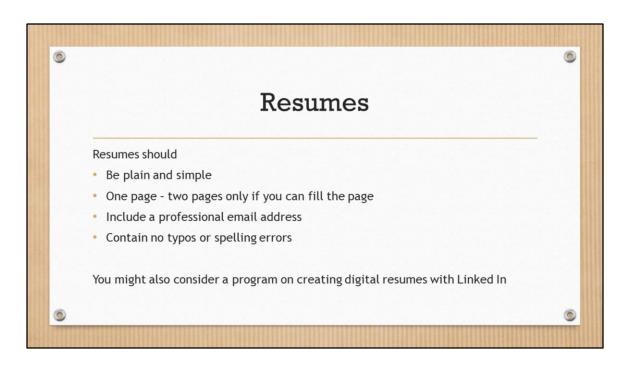
70% of emerging adults can't sew a button

Fortunately, personal finance is a graduation requirement in the State of Missouri but the curriculum does not focus on life skills. Most youth graduate without the needed life skills to navigate life and this is where the library can step in with needed life skills programs.



Yes, housing is a need as well, but the big three must be in place before housing is a consideration.





Make your resume program hands-on so that participants are getting practice in creating resumes or make it a half-day or full day program and participants leave with a completed resume.

70% of resumes are thrown out for unprofessional email addresses! Typos and spelling errors are also likely to get a resume thrown out

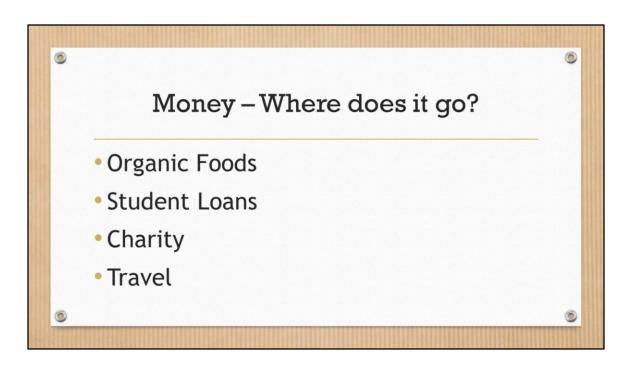


Plan a workshop that covers what teens need to know to get ready for a job interview Let participants know don't just show up for the interview but be prepared. They want to make the best impression they can on the interviewer This is also an opportunity for a partnership with the school counselor/career counselor.



Host a hands-on program – have teens create a weekly budget, discuss (or host guest speaker) how to set up a bank account at a local bank, how to use online bill paying and financial literacy.

Create a photo slide show showing how wants/needs have changed over the years. Have participants sort the photos into wants and needs.



Statistics for 2019 show young adults 18-25 spend money mostly in these areas.





Yes you can have a workshop in the library without a kitchen!
French toast in the microwave
Pizza in a toaster oven
Quesadillas with an iron
Insta-Pots are very popular right now and would be perfect for a library program.

